

# UW Medicine

UW SCHOOL  
OF MEDICINE

## Current Concepts in Medication Therapy 2024



**Monday - Tuesday**

**December 9 - 10, 2024**

**Live Webinar**

Sponsored by UW School of Medicine  
Division of General Internal Medicine  
Office of Continuing Medical Education

## TARGET AUDIENCE

This course is designed for primary care providers including internists, osteopathic physicians, physician assistants, nurse practitioners, pharmacists and others interested in medication management.

## COURSE DESCRIPTION

As primary care providers, you are constantly encountering a dizzying array of medication options and patient questions regarding advertised medications. You are responsible for managing complex medication regimens including treatments you may not be intimately familiar with. In addition, safety concerns and new indications for old medications arise regularly. Through the use of a case-based and didactic format, speakers will highlight innovations in drug therapies, review new indications for old medications, and discuss medication side effects and drug interactions. Individual presentations will be followed by Q&A during which participants will be able to ask questions.

## COURSE OBJECTIVES

- Evaluate the risks and benefits of new inpatient and outpatient drug therapies.
- Discuss new developments in the drug treatment of selected clinical conditions.
- Make more informed drug treatment decisions in the outpatient setting.
- Identify and educate about new FDA approved medications.
- Review seminal articles supporting changes to prescribing practices.
- Discuss important drug interactions and medication side effects.

## ACCREDITATION

**Accreditation with Commendation:** The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation:** The University of Washington School of Medicine designates this Other activity (Live with Extended Viewing) for a maximum of *15.00 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Extended Viewing:** This course will be offering CME credit for viewing the recordings of the live event. The recordings will be posted 2 – 4 weeks after the live event and there will be an email announcing when the recordings are available and a link for the Recorded Content evaluation. The extended viewing for CME will be available until March 1, 2025 at 11:59 pm PST. Please contact the CME office if you have any questions or issues, [cme@uw.edu](mailto:cme@uw.edu).

## ATTENDANCE POLCY

Course activities are exclusively reserved for course attendees.

## FEES AND REGISTRATION

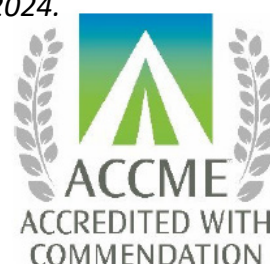
To enroll, please register online at [uwcme.org](http://uwcme.org).

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

Registration	Virtual
All Learners	\$325.00
*Resident/Fellow/Student	\$150.00
<i>*Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.</i>	

*Registration rates increase by \$25 effective November 25, 2024.*



## ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available starting on December 2, 2024, for registrants to print and/or download. A digital booklet with the conference agenda and pages for note-taking will be uploaded with course materials.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **November 25, 2024**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after November 25, 2024. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu).

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)



# Course Faculty

## Course Co-Chairs

### **Srirama Josyula, MD**

Clinical Instructor  
Division of General Internal Medicine  
University of Washington

### **Nina Tan, MD**

Acting Instructor  
Division of General Internal Medicine  
University of Washington

## UW Faculty

### **Marta Alhama-Belotto, MD**

Clinical Assistant Professor  
Division of Cardiology  
Attending Physician  
Director, Clinical Cardio-Oncology  
Harborview Medical Center

### **Faiza Alibhai, PharmD**

Clinical Pharmacist  
UW Medical Center | Montlake

### **Tara (Tia) Babu, MD, MSCI**

Assistant Professor  
Department of Medicine  
Division of Allergy & Infectious Diseases

### **Nadejda Bepalova, MD**

Assistant Professor  
Department of Psychiatry and Behavioral Sciences

### **Elizabeth Chmelik, MD**

Clinical Assistant Professor  
Department of Psychiatry and Behavioral Sciences

### **Ami Cuneo, MD**

Assistant Professor of Neurology  
Department of Neurology

### **Kimiko Domoto-Reilly, MD, PhD**

Associate Professor  
Department of Neurology

### **Lisa Garza, PharmD**

Clinical Assistant Professor  
School of Pharmacy

### **Inderbir Goyalwar, MBBS**

Acting Instructor of Medicine  
Division of General Internal Medicine

### **Divya Gollapudi, MD**

Clinical Associate Professor of Medicine  
Director of Medicine  
Operative Consult Clinic  
Harborview Medical Center

### **Farah Khan, MD**

Clinical Assistant Professor  
Division of Metabolism, Endocrinology & Nutrition  
Board-Certified Physician, Endocrine & Diabetes Care  
Center

### **Chris Knight, MD, FACP**

Professor  
Division of General Internal Medicine

### **Lily Li, MD**

Assistant Professor  
Department of Medicine  
Division of Allergy & Infectious Diseases  
Harborview Medical Center

### **Laura Mayeda, MD, MPH**

Clinical Assistant Professor  
Department of Medicine  
Division of Nephrology  
Attending Physician, Hypertension Clinic and Kidney Clinic  
at Harborview Medical Center

### **Linda Mihalov, MD**

Clinical Professor  
Department of Obstetrics & Gynecology  
UW Medical Center | Montlake

### **Natalia Murinova, MD**

Clinical Professor  
Department of Neurology  
Director, Headache Center

### **Radhika Narla, MD**

Associate Professor  
Division of Metabolism, Endocrinology & Nutrition

### **Laura Spece, MD, MS**

Assistant Professor  
Division of Pulmonary, Critical Care and Sleep Medicine

### **Arthi Thirumalai, MBBS**

Associate Professor  
Division of Metabolism  
Endocrinology & Nutrition  
Section Head, Harborview Medical Center

### **Jay Vary Jr., MD, PhD**

Associate Professor  
Department of Dermatology

### **Mrinal Yadava, MD**

Assistant Professor of Medicine  
Attending Physician  
Harborview Medical Center

# Monday, December 9, 2024

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- 8:00** Welcome and Introduction | *Srirama Josyula, MD & Nina Tan, MD*
- 8:05** Medications for Treatment of Metabolic Dysfunction – Associated Steatotic Liver Disease | *Arthi Thirumalai, MBBS*
- 8:45** Resistant Hypertension | *Laura Mayeda, MD, MPH*
- 9:25** Panel Discussion | *Laura Mayeda, MD, MPH & Arthi Thirumalai, MBBS*
- 9:35** **BREAK**
- 9:50** COPD | *Laura Spece, MD*
- 10:30** Food, Environmental, and Drug Allergies | *Lily Li, MD*
- 11:10** Dementia/Alzheimer's | *Kimiko Domoto-Reilly, MD, PhD*
- 11:50** Panel Discussion | *Kimiko Domoto-Reilly, MD, PhD; Lily Li, MD; & Laura Spece, MD*
- 12:00** **LUNCH BREAK**
- 1:00** Continuous Glucose Monitors | *Faaiza Alibhai, PharmD*
- 1:40** Diabetes | *Farah Khan, MD*
- 2:20** Panel Discussion | *Faaiza Alibhai, PharmD & Farah Khan, MD*
- 2:30** **BREAK**
- 2:45** Osteoporosis | *Radhika Narla, MD*
- 3:25** Menopause | *Linda Mihalov, MD*
- 4:05** Postpartum Depression | *Nadejda Bespalova, MD*
- 4:45** Panel Discussion | *Nadejda Bespalova, MD; Linda Mihalov, MD; & Radhika Narla, MD*
- 4:55** **ADJOURN**

# Tuesday, December 10, 2024

- 8:00** Welcome Back | *Srirama Josyula, MD & Nina Tan, MD*
- 8:05** Depression, Anxiety, Bipolar Disease, and PTSD | *Elizabeth Chmelik, MD*
- 8:45** Addiction Medicine, Suboxone, Sublocade | *Inderbir Goyalwar, MBBS*
- 9:25** Panel Discussion | *Elizabeth Chmelik, MD & Inderbir Goyalwar, MBBS*
- 9:35** **BREAK**
- 9:50** Skin Care | *Jay Vary Jr., MD, PhD*
- 10:30** RSV, SARS-Cov-2 and Influenza Vaccines | *Tia Babu, MD, MSCI*
- 11:10** Navigating the Cost of Drugs | *Lisa Garza, PharmD*
- 11:50** Panel Discussion | *Jay Vary Jr., MD, PhD; Lisa Garza, PharmD; & Tara (Tia) Babu, MD, MSCI*
- 12:00** **LUNCH BREAK**
- 1:00** Updates in Congestive Heart Failure | *Marta Alhama-Belotto, MD*
- 1:40** Coronary Artery Disease | *Mrinal Yadava, MD*
- 2:20** Panel Discussion | *Marta Alhama-Belotto, MD & Mrinal Yadava, MD*
- 2:30** **BREAK**
- 2:45** Headache | *Ami Cuneo, MD & Natalia Murinova, MD*
- 3:25** Peri-Operative Medication Management | *Divya Gollapudi, MD*
- 4:05** New Drugs, Approvals | *Chris Knight, MD, FACP*
- 4:45** Panel Discussion | *Ami Cuneo, MD; Divya Gollapudi, MD; Chris Knight, MD, FACP; & Natalia Murinova, MD*
- 4:55** **ADJOURN**

*All times listed are in Pacific Time*